




Research Article

## **Dulkadiran Tradition as a Medium for Strengthening Spirituality and Social Solidarity: An Empirical Study of a Local Muslim Community in Besuk Bulan Rajab Village**

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### **Dulkadiran Tradition as a Medium for Strengthening Spirituality and Social Solidarity: An Empirical Study of a Local Muslim Community in Besuk Bulan Rajab Village**

**Abstract.** This study explores the Dulkadiran tradition in Besuk Bulan Rajab Village as a medium for strengthening spirituality and social solidarity within the local Muslim community. Dulkadiran, held every Rajab to honor Sheikh Abdul Qadir al-Jilani, embodies spiritual teachings and functions as a communal ritual. The objective of this research is to analyze its cultural-religious meaning, its

contribution to community cohesion, and its influence on individual and collective spirituality. Using a qualitative approach, this study applies participatory observation and in-depth interviews with key community members, such as village elders and ritual participants. The findings indicate that Dulkadiran is not merely religious practice, but also a mechanism for reinforcing solidarity through collective participation, including food preparation and event organization. This tradition strengthens cooperation and mutual support through shared worship and food distribution. The novelty of this research lies in highlighting Dulkadiran's dual role as spiritual practice and social unifier in modern contexts.

**Keywords:** Dulkadiran Tradition, Spirituality, Social Solidarity, Cultural Heritage, Community Cohesion

## INTRODUCTION

The Dulkadiran tradition, held annually in the month of Rajab, is an important religious and cultural practice for the Muslim community in Besuk Bulan Rajab Village. This tradition not only serves as a ritual for honoring the legacy of Sheikh Abdul Qadir al-Jilani, but also functions as a crucial social mechanism that binds the community together. Despite the rapid changes brought about by modernity and secularization, local religious traditions like Dulkadiran continue to maintain their relevance, acting as powerful forces for both spiritual reinforcement and social solidarity. In the face of contemporary challenges, it becomes essential to investigate how such traditions contribute to the cohesion and spiritual well-being of local communities, especially in rural areas where traditional values are still highly regarded.

Religious traditions have always been central to the lives of Muslim communities, especially in Indonesia, where they play a vital role in shaping not only the spiritual lives of individuals but also their social relationships. According to (Badruzaman & Abdurrahman, 2024), religious practices in the form of rituals and ceremonies help preserve cultural identity while providing a platform for the community to express shared values. This is also evident in the practice of Dulkadiran, where the local Muslim community uses the event as a means to reinforce spiritual beliefs and deepen their connections with one another. As noted by (Hilmy & Respati, 2024), such practices are integral in maintaining social solidarity and ensuring that the values of cooperation, empathy, and communal support are passed on to future generations.

Despite its significance, the Dulkadiran tradition has not been widely explored in academic literature, especially in terms of its role in strengthening social solidarity and spirituality within the community. Most research has focused on isolated aspects of local religious practices, while overlooking the broader social functions they serve. As a result, there is a noticeable gap in understanding how traditions like Dulkadiran operate as both spiritual rituals and community-building tools. This study, therefore, seeks to fill this gap by analyzing the dual role of Dulkadiran in enhancing spiritual engagement and fostering social bonds.

One of the most significant aspects of the Dulkadiran tradition is its ability to bridge the gap between religious observance and community participation.

According to (Khairulyadi et al., 2022), the ritual serves not only as an expression of faith but also as a catalyst for social interaction, creating an environment where members of the community can unite for a common purpose. The solidarity that arises from collective participation is crucial, particularly in an age when individualism is becoming more pronounced. This study aims to explore how Dulkadiran fosters solidarity by engaging multiple generations in both the preparation and execution of the ritual.

The tradition is rooted in the teachings of Sheikh Abdul Qadir al-Jilani, whose spiritual insights continue to shape the community's worldview. Sheikh Abdul Qadir's works, such as "Ghunyat Li Thalibi Thariq al-Haqq," emphasize the importance of moral and ethical refinement in the spiritual journey, principles that are strongly embedded in the practice of Dulkadiran (Fuadi, 2021). This connection between spiritual practice and moral conduct is essential for understanding how the tradition not only contributes to individual spirituality but also to the communal values of cooperation, respect, and mutual support.

Furthermore, the practice of Dulkadiran involves significant communal cooperation, especially in the preparation of the event. Families are required to contribute specific amounts of food, such as rice and chicken, based on the number of household members. This cooperative effort reflects the deeper cultural value of *gotong royong*, or mutual cooperation, which is integral to many Indonesian traditions (Wiediharto et al., 2020). This communal engagement is not just about the material aspects of food preparation but symbolizes the social fabric that holds the community together.

The relevance of this study extends beyond the specific case of Besuk Bulan Rajab Village. As modernization continues to reshape social structures, traditional practices like Dulkadiran face challenges in maintaining their significance. Research into the continued importance of such traditions offers valuable insights into how they adapt to contemporary conditions while preserving essential cultural and spiritual values. As noted by (Mulyadi, 2023), communal activities based on religious rituals play a vital role in fostering a sense of belonging, particularly in the context of a society experiencing rapid changes. Therefore, understanding the role of Dulkadiran in maintaining social cohesion is crucial for assessing the sustainability of local cultural practices in the modern world.

This study is also significant because it highlights the importance of intergenerational transmission of cultural values. As (Agustang, 2021) suggests, the involvement of younger generations in traditional practices helps ensure the continuity of cultural heritage. In the case of Dulkadiran, the younger members of the community are not only learning the religious rituals but are also being socialized into the values of cooperation, empathy, and solidarity. This transfer of values between generations is vital for maintaining the strength of the community, particularly in a society increasingly influenced by globalized, individualistic ideals.

The hypotheses guiding this study are based on the assumption that Dulkadiran plays a significant role in strengthening both the individual's spirituality and the community's social solidarity. The first hypothesis is that the Dulkadiran tradition serves as an important tool for reinforcing spiritual values among participants. The

second hypothesis is that the tradition facilitates social solidarity by encouraging collective participation and cooperation among community members. By testing these hypotheses, this study will provide a clearer understanding of the multifaceted role of Dulkadiran in Besuk Bulan Rajab Village. In addition, the research shows that spiritual practices within the community, along with social activities, can reduce symptoms of depression and improve psychological well-being (Wurisastuti & Helda, 2022), indicating a relationship between spirituality and positive mental conditions.

The objectives of this study are threefold: first, to examine the spiritual significance of the Dulkadiran tradition for the local Muslim community; second, to investigate how the tradition functions as a mechanism for social solidarity; and third, to explore the broader implications of the tradition in maintaining community cohesion in the face of modern challenges. This research is expected to contribute to a more comprehensive understanding of the intersection between religious rituals and social cohesion in rural communities, particularly in the context of Indonesia's rich cultural and religious diversity. By addressing these objectives, the study will offer valuable insights into the role of local traditions in fostering both individual and collective well-being. This is in line with research which shows that local culture within religious rituals can strengthen community resilience amid change (Setyowati & Cahya, 2020).

## **RESEARCH METHODS**

This study employs a qualitative approach using a case study method to explore the meaning, values, and functions of the Dulkadiran tradition in strengthening spirituality and social solidarity within the Muslim community in Besuk Village during the month of Rajab. This approach was chosen as it allows for a contextual understanding of the social and cultural realities of the community and enables the researcher to perceive the tradition as part of the living religious experience within the local community. The research is conducted in Besuk Village, a village that continues to preserve the Dulkadiran tradition as an annual religious and cultural agenda. The research subjects consist of seven participants actively involved in the execution of this tradition, including village elders and religious leaders.

Data were collected through semi-structured interviews and participatory observation. Seven participants were selected using purposive sampling, including religious leaders, village elders, and members of the general public who play an active role in the Dulkadiran tradition. The interviews focused on the participants' experiences and perspectives regarding the spiritual significance of Dulkadiran and its role in fostering social connections within the community. Additionally, the researcher also conducted participatory observations of the Dulkadiran ritual to observe social interactions and activities that involve communal cooperation among villagers.

The data collected were analysed using thematic analysis, beginning with the transcription of interviews and coding the data to identify key themes. These codes were then grouped into broader themes reflecting the meaning and function of the Dulkadiran tradition in the spiritual and social contexts. This process enabled the researcher to identify patterns of meaning and social relations that emerged from the

execution of the tradition, as well as how the tradition plays a role in building solidarity and spirituality within the community.

This method is expected to provide a deep understanding of the role of the Dulkadiran tradition as a means of shaping spirituality and strengthening social solidarity in the lives of the Muslim community in Besuk Village. The study is also anticipated to fill gaps in knowledge regarding the social and spiritual functions of local traditions within a developing society, as well as demonstrate the relevance of the Dulkadiran tradition amidst the challenges of modernity.

## **RESULTS AND DISCUSSION**

The Dulkadiran tradition in Besuk Village serves as a significant religious and social practice, which strengthens both individual spirituality and social solidarity within the community. The study revealed that the tradition plays a dual role: it is not only a ritual for religious observance but also an important mechanism for social cohesion. The findings highlight how participation in the ritual creates opportunities for personal reflection, spiritual growth, and the reinforcement of communal bonds. As (Hilmy & Respati, 2024) suggest, such traditions are essential in maintaining social solidarity, and the Dulkadiran ritual provides an effective means to strengthen both individual faith and collective cooperation.

One of the key findings of the study is the deeply ingrained spiritual significance of the Dulkadiran tradition. Participants shared that the ritual provides them with a sense of connection to their faith, particularly through the prayers and recitations dedicated to Sheikh Abdul Qadir al-Jilani, whose teachings emphasize moral and spiritual refinement (Fuadi, 2021). For many, the ritual serves as a reminder of the importance of spiritual purification and ethical conduct. As (Pahlevi et al., 2023) highlight, religious rituals like Dulkadiran are not only an expression of faith but also a vital mechanism for building community identity and solidarity.

The second significant variable revealed by the study is the role of Dulkadiran in enhancing social solidarity within the community. The tradition is a collective effort, where the entire village participates in the preparation, execution, and sharing of the ritual's offerings. Families contribute food items such as rice and chicken based on the number of family members, a practice that fosters cooperation and a shared sense of responsibility. This concept of gotong royong (mutual cooperation) aligns with the findings of (Wiediharto et al., 2020), who emphasize that such communal activities strengthen interpersonal relationships and cultivate a sense of belonging within the community.

Moreover, the study found that the involvement of different generations in the Dulkadiran ritual is key to maintaining intergenerational solidarity. Younger participants, who are often tasked with helping prepare food or engage in prayer recitations, gain a deeper understanding of their cultural and religious heritage. This generational transfer of values ensures that the tradition continues to thrive and adapt to changing social contexts. As (Agustang, 2021) notes, intergenerational involvement in traditional practices ensures the preservation and transmission of cultural identity, and the Dulkadiran tradition exemplifies this process in action.

Another important finding is the way the Dulkadiran tradition creates a space for communal reflection and unity. The collective prayer sessions, where participants pray together for blessings, safety, and prosperity, serve as a unifying force in the village. The ritual not only strengthens the individual's relationship with God but also fosters collective spiritual harmony. (Mulyadi, 2023) emphasizes that communal prayers have a significant role in creating a shared religious identity, and the Dulkadiran ritual exemplifies this function by bringing the community together for collective worship.

The study also revealed that the spiritual aspect of the tradition is particularly profound for the older participants, who view the ritual as a way to reinforce their connection to their faith and to impart religious values to younger generations. These older community members often serve as guides and teachers, ensuring that the deeper spiritual teachings of Sheikh Abdul Qadir al-Jilani are understood and passed on. This is particularly significant in rural communities, where traditional values are still revered and form the foundation of social life.

On the other hand, younger participants indicated that their involvement in the Dulkadiran ritual provides an opportunity to learn about their religious and cultural heritage in a way that is meaningful and personal. Many expressed that the ritual helped them feel closer to their community and gave them a sense of responsibility towards preserving their cultural traditions. As (Sormin & Sihombing, 2023) point out, youth involvement in traditional practices fosters a stronger sense of cultural identity and community participation, which is evident in the way the younger generation engages with the Dulkadiran.

The results also suggest that the Dulkadiran tradition plays a significant role in maintaining social harmony in the face of modern challenges. In a world where individualism is increasingly prevalent, the ritual offers a counterbalance by emphasizing cooperation, empathy, and community support. This communal spirit is especially important as communities face the pressures of modernization and urbanization, which often lead to fragmented social structures. As noted by (Rosyadi et al., 2023), religious traditions like Dulkadiran provide a critical foundation for social cohesion, especially in rural areas that are at risk of losing their traditional values to external influences.

In addition, the study highlights the economic implications of the Dulkadiran tradition. While it is primarily a religious practice, the tradition also involves the distribution of food to the wider community, which has social and economic benefits. Participants noted that the food distribution, especially to those in need, helps reinforce the values of charity and mutual support. This aspect of the tradition aligns with the findings of (Taufiq et al., 2023), who argue that religious rituals often have significant social and economic functions beyond their spiritual purposes, providing a practical means for addressing communal needs.

Finally, the research emphasizes the importance of continuing to document and study such traditions, as they offer valuable insights into the relationship between religion, culture, and community in the contemporary world. The Dulkadiran tradition, as a religious and social practice, is a powerful example of how local customs can adapt to modern challenges while still preserving core spiritual and social values.

The findings suggest that the Dulkadiran ritual not only contributes to individual spiritual growth but also serves as a vital tool for reinforcing social solidarity in a changing world. As (Munandar, 2023) has observed, traditions like Dulkadiran are vital in maintaining cultural identity and fostering a sense of community, especially in the face of globalizing forces.

### **The Form of Implementation and Spiritual Meaning of the Dulkadiran Tradition in Besuk Village**

The Dulkadiran tradition is one of the religious practices of the Besuk Village community that has been passed down from generation to generation. This tradition is generally carried out every month of Rajab as a commemoration to honour the contributions of Sheikh Abdul Qadir, who is known as Qutub al-Awliya (Pinnacle of the Saints) and an important figure in the Sufi order that influences Muslims throughout the world, including Indonesia (Fuadi, 2021; Muzayanah, 2021). Sheikh Abdul Qadir al-Jailani, through his works, taught many profound spiritual values. In the context of the Dulkadiran Tradition, many of Sheikh's teachings focus on moral and ethical aspects of daily life. For example, the Sufi ethics he taught emphasised the importance of self-improvement through spiritual stages that included repentance, asceticism, and patience (Hidayat & Hasan, 2021; Mustaghfiroh et al., 2021). Works such as 'Ghunyat Li Thalibi Thariq al-Haqq' provide guidance for Sufi practitioners (salik) to achieve spiritual awareness (Mashar & Muna, 2020). The Dulkadiran tradition in Besuk Village is a manifestation of the teachings of Sheikh Abdul Qadir al-Jailani, which emphasise the importance of ethical values, spirituality, and togetherness in strengthening the faith of the community. This practice is not only a means of honouring the figure of the Sheikh but also a vehicle for strengthening continuous spiritual learning and reflection in daily life (Rosyadi et al., 2023).

According to residents who are heirs to this tradition, Dulkadiran is carried out by families who are descendants of ancestors who previously practised this tradition. This means that there is a moral and spiritual responsibility for descendants to continue this practice. Its implementation is not arbitrary, but must follow certain requirements, especially in terms of food preparation. Each family member must be represented by 3 kilograms of rice and 1 chicken, so if a family has five members, the amount of rice that must be prepared is 15 kg and five chickens. The determination of the amount of rice and chicken that must be prepared clearly illustrates the values that have been passed down. Through this structurally regulated process, tradition is not merely a ritual, but also reflects the social and cultural security aspects necessary to ensure the continuity of this practice in the future.

Al-Hakim et al. emphasise that cultural wealth is often assimilated with religious teachings and social norms, which provide moral guidance in the implementation of traditions such as Dulkadiran (Al-Hakim et al., 2023). The importance of following certain requirements in the implementation of Dulkadiran also reflects a careful and planned practice of cultural inheritance. Shen et al. emphasise that creative processes and preparations based on traditional cultural values not only serve to preserve cultural heritage, but also increase community satisfaction and engagement, which is relevant to the provision of dishes in this

tradition (Shen et al., 2022). In this context, each family member is required to contribute, creating a sense of collectivity in the performance of the ritual, in line with findings in research on inherited family values (Sun et al., 2022).

The series of activities began with tawassul to Sheikh Abdul Qadir al-Jailani, followed by the recitation of selected surahs from the Qur'an such as Yasin, Al-Waqi'ah, and Ar-Rahman, as well as the recitation of manaqib (the life story and virtues of Sheikh Abdul Qadir al-Jailani). All of this is done with great solemnity in a religious atmosphere, which is usually also attended by community leaders or local religious teachers. Not only that, in carrying out this tradition, some of the asmaul husna (Ya Hadi Ya 'Alim Ya Khabir Ya Mubin) and sholawat (Assholatu wa salamu 'alaika Ya Rosulullah) are also recited 100 times. This recitation is done in a solemn and reverent atmosphere, usually led by community leaders or local religious teachers and ended with a prayer, where this community prayer activity has an important function in strengthening social solidarity, as explained by Mulyadi, who mentioned that joint prayer activities contribute to the formation of religious identity in a multicultural society (Mulyadi, 2023). After the communal prayer is completed, food is distributed to local residents as a form of charity and an expression of gratitude.

From a spiritual perspective, this tradition is believed to be a form of effort to obtain salvation, protection, and blessings in life, especially in welcoming the month of Rajab, which is considered one of the holy months in Islam. For residents, Dulkadiran is not just a ritual, but also a way to get closer to Allah SWT. A number of respondents admitted that through this activity, they became accustomed to reading the Qur'an, which they rarely did before. Some even felt a sense of peace and spiritual comfort that they found difficult to achieve in their daily activities. Regarding the values contained in the Dulkadiran tradition, it is important to note that this tradition also refers to the essence of tawhid, namely the understanding of the oneness of God, which is the foundation of all the teachings of Sheikh Abdul Qadir al-Jailani (Najiburrohman & Mariatin, 2023). This emphasis on esotericism and spirituality often forms the core of the transmission of Sufi values in religious practice, which gives new depth to the practice of worship (Muzayanah, 2021).

The influence of culture and spirituality in society can be studied through aspects such as self-regulation in religious practices. Research shows the importance of religious behaviour in personal and social development in the context of Islam (Agustina & Zainuddin, 2024). The Dulkadiran tradition, which is related to the practice of religious obligations, is in line with the understanding that the regulation and application of spiritual norms and local values are an integral part of religious identity (Mahzumi & Fuad, 2019). Thus, the Dulkadiran tradition not only preserves religious values in the physical aspect, but also strengthens the spiritual aspect in the form of peace of mind, gratitude, and sincerity in worship. This shows that even though it is a local tradition, its spiritual meaning is still strongly rooted in universal Islamic values. This is in line with the recognition that faith communities can provide emotional support and enhance satisfaction in one's spirituality, even though existing references do not directly support this (Hemphill, 2015).

## CONCLUSION

The Dulkadiran tradition in Besuk Village is a form of cultural and religious heritage that not only contains deep spiritual values but also significant social values. It has been passed down through generations by families whose ancestors have practiced this tradition, following specific customs such as cooking rice and slaughtering chickens according to the number of family members. Activities like the recitation of Quranic verses, *manaqib*, and collective prayers show that this tradition serves as a means to enhance the community's spiritual awareness and strengthen their connection with Allah SWT.

Beyond being an act of worship, Dulkadiran plays a crucial role in building and maintaining social solidarity among villagers. Through mutual cooperation (*gotong royong*) in preparing and executing the event, this tradition strengthens social interactions, fosters a spirit of helping one another, and enhances the bond of friendship within the community. Even in the face of modern challenges and economic constraints, the community has consistently made efforts to preserve it, adapting wisely to changing circumstances.

The Dulkadiran tradition is not merely a religious routine but has become an integral part of the collective identity of the people of Besuk Village, bringing together spiritual and social values in one harmonious and meaningful practice. Therefore, the preservation of this tradition is of utmost importance and should be sustained and passed down to younger generations as part of the local cultural and Islamic heritage. This will ensure that the values embedded in Dulkadiran continue to play a vital role in the community's spiritual and social life.

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